



Active
Adventures

Mt. Kilimanjaro Climb

Plus optional Serengeti Safari

September 12–24, 2010

with World Wildlife Fund





Mt. Kilimanjaro Climb

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- **SUMMIT** Africa's tallest mountain with the aid of skilled guides and porters.
- **SEE** spectacular views from the seldom-visited Shira Plateau.
- **SCRAMBLE** to the top of famed Lava Tower.
- **SEARCH** for otherworldly "Dr. Seuss" trees in the Great Barranco Valley.

Sunday, September 12 & Monday, September 13

Depart the U.S. on your overnight flight, arriving in Amsterdam Monday morning. Connect with your flight to Arusha.

Upon arrival, a representative will meet you and take you to your lodge. *KIA Lodge (meals aloft)*

Tuesday, September 14

Following breakfast and a climb briefing with your guides, drive from Arusha to a base camp on the west side of Kilimanjaro. The tent camp is set under the spreading branches of Acacia tortilis trees near a volcanic cone.

During this day of acclimatization, activities could include a drive in search of elephants and giraffes and a visit to a Maasai village. *Ndarakwai Ranch, 6,000 feet (B,L,D)*

Wednesday, September 15

Drive to the Londorossi Gate entrance of Kilimanjaro National Park to begin your climb. This first day of trekking is along trails through dense rain forests where black and white colobus monkeys, blue monkeys and an array of exotic birds live in a canopy draped with moss and vines.

Trek for approximately four hours and arrive at your camp in time for dinner. *Forest Camp, 9,281 feet (B,L,D)*

Thursday, September 16

As you emerge from the rain forest, follow a steep track cutting through a savannah of tall grasses, heather and volcanic rocks covered with lichen. Today's six-hour climb brings you across boulder-dotted trails and rolling hills before reaching camp at the edge of the Shira Plateau. *Shira 1 Camp, 11,499 feet (B,L,D)*

Friday, September 17

Seldom-visited by Kilimanjaro trekkers, the Shira plateau is one of the most scenic places we'll see along our trip. It's one of the highest plateaus on Earth and affords spectacular views of Kibo, the central volcanic peak among a cluster of three inactive volcanoes. Explore the plateau during a non-strenuous day with very little elevation change. Expect up to four hours of trekking. *Shira 2 Camp, 12,795 feet (B,L,D)*

Saturday, September 18

Proceed steadily upward and camp under Lava Tower, with an optional scramble to the tower's peak. The views from the top of the tower are breathtaking, so those who have the energy to explore its steep but non-technical walls will be richly rewarded. *Lava Tower Camp, 15,213 feet (B,L,D)*

Sunday, September 19

Descend into the fairytale-like Great Barranco Valley, where giant groundsels—affectionately called "Dr. Seuss trees" because of their otherworldly appearance—pepper an increasingly desert-like landscape. Continue across the undulating hills and valleys that will bring you to your next camp.

Note: This is a fairly long day, with six to seven hours of trekking, including a scramble up the steep 660-foot Barranco Wall. *Karanga Camp, 13,231 feet (B,L,D)*

Monday, September 20

Six hours of trekking takes you up steep inclines and across an alpine desert environment, where few plants except everlastings and lichen grow. The landscape is made vibrant by a backdrop of endless blue sky against sharply outlined rocks. Noticing cooler



temperatures, you'll arrive at Barafu Camp, which sits on an exposed ridge. *Barafu Camp, 15,331 feet (B,L,D)*

Tuesday, September 21

Today's challenging climb takes you up nearly 3,500 feet. Your camp is in the wide crater atop Kilimanjaro, in soft sand near the indigo-streaked Furtwangler Glacier. *Crater Camp, 18,802 feet (B,L,D)*

Wednesday, September 22

After breakfast, make your summit bid in full daylight, trekking the last 600 triumphant feet to reach the highest point on the African continent, Uhuru Peak (19,340 feet).

After savoring your achievement, snapping photos and taking in the views, complete the majority of the descent today in five to seven hours.

Mweka Camp, 10,065 feet (B,L,D)

Thursday, September 23 & Friday, September 24

Complete your descent back through the rain forest to the park gate for a celebratory luncheon, and then transfer to the lodge, where you'll have day room use. Depart for the airport this evening, connecting in Amsterdam before arriving in the United States Friday. *Thursday day room at KIA Lodge (B,L,D)*



"An unrivaled adventure to the roof of Africa."

-David Breashears, mountaineer and acclaimed filmmaker

Optional Extension | *Serengeti National Park*

September 23-29, 2010

Extend your time in Tanzania with a post-climb safari through Serengeti National Park. Explore the vast plains to search for lions, crocodiles, zebras, warthogs, ostrich, giraffes and other wildlife. You'll also spend time on the floor of the Ngorongoro Crater, one of the most impressive wildlife viewing areas in the world. The geological marvel is home to about 30,000 animals. And many Maasai, a semi-nomadic ethnic group, call the Ngorongoro Conservation Area home, so keep an eye out for the red cloth of the herdsman dotting the landscape as you make your way through this area. During your tour you'll stay in comfortable and classic tented safari camps. **Cost:** \$2,590 per person, based on double occupancy; single supplement \$350. Information will be sent to registrants.

What to Expect

You don't need a mountaineering or climbing background to summit Kilimanjaro via the Western Approach route. Experience is a plus, but as long as you are reasonably fit, prepare in advance and are ready for a challenge, the summit should be well within your grasp.

You should prepare for climbs ranging from easy treks to steep uphill, high-altitude climbs. Some trails are smooth and well-maintained and others are dusty, rocky and narrow; some parts of the route require you to scramble over rocks and small boulders. Covering a total of 45 miles, the trip will include daily hikes ranging from four to eight hours (though the longest day may be up to 11 hours).

English-speaking guides, porters and other staff will accompany you. Guides and porters are trained through Wilderness First Responders, a National Outdoor Leadership School program. They carry your large packs, though you will carry a full daypack. A Kilimanjaro consultant is available to help you prepare for this trip and can provide tips and advice.

Temperatures will range from 90 degrees F at the base of Kilimanjaro to as low as -10 degrees F at the summit. Conditions at the top could include high winds, snow or rain.

Accommodations before the climb are in comfortable, rustic lodges with private bathrooms and hot water. During the climb, you'll stay in two-person tents, with a separate, shared, portable toilet tent. Hot water will be provided for washing up; showers are not available. The highest altitude at which you'll sleep is above 18,000 feet.

While trekking, staff will provide hot meals, most of which are meat based (though vegetarian meals are available) and with a caloric count appropriate for the level of activity on the trek. Participants will need to purify their own water (though boiled water will be provided at times).

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FOR MORE INFORMATION OR TO REGISTER:

WWF Travel Program
888-WWF-TOUR (993-8687)
travel@wwfus.org

Terms and Conditions

Tour cost: \$6,190 per person, based on double occupancy. Single supplement is \$300 for trek only or \$500 total for trek and optional Serengeti National Park extension.

Included: Accommodations, including use of tents; meals as shown in itinerary; gratuities (main tour only); Kilimanjaro park fees; group airport transfers, ground transport and baggage handling; safety equipment; services of trek leader, porters, cooks and support staff; comprehensive pre-departure materials.

Not Included: Airfare and applicable fuel surcharges; visa and passport fees; meals not shown in itinerary; individual transfers; gratuities on safari extension; sleeping bags; hiking gear; personal expenses such as phone/fax/email charges and travel insurance; anything else not specifically mentioned as included.

Airfare: International airfare is not included in the cost of the tour. Thomson Safaris, which is WWF's tour operator for this program, can assist you with booking flights, if needed. Information will be sent to registrants.

Payments: A deposit of \$500 per person, payable by credit card or check made out to WWF, and a signed waiver of liability (which is mailed to registrants) confirm your space. The final balance is due June 13, 2010, upon receipt of invoice, and is payable by wire transfer or check only made out to Thomson Safaris. **Credit cards are not accepted for final payment.**

Cancellations and Refunds: Cancellation must be received in writing at WWF, by postal mail, email or fax. At the time WWF receives your written cancellation, the following per person penalties will apply: On or before June 13, 2010: Full refund minus deposit. June 14-July 12, 2010: Forfeit 50% of the tour cost, along with any non-refundable costs paid to suppliers. July 13-July 27, 2010: forfeit 65% of the tour cost. On or after July 28, 2010: Forfeit 100% of your tour cost.

Singles/Shares: Single accommodations are limited, subject to availability at the time of booking, and cannot be guaranteed. Should you wish to share accommodations, we will attempt to find a roommate for you. If we are unable to provide a roommate by the final invoice date, the single supplement will be assessed.

Insurance: The purchase of trip cancellation insurance is recommended; information will be sent to registrants. Exclusions for preexisting medical conditions may be waived with the prompt purchase of travel insurance.

Understandings and Responsibilities

In order to offer wildlife-oriented travel experiences to its members, World Wildlife Fund (WWF) has arranged for an independent Tour Operator(s) to organize this tour and procure carriage, accommodations, and other tour services from other parties. WWF serves only to assist in making necessary travel arrangements and in no way represents, or acts as agent for, transportation carriers, hotels, or any other suppliers of services connected with this tour. Travel and services are subject only to the terms and conditions under which such accommodations, services, and transportation are offered or provided, and WWF and its employees accept no responsibility or liability therefore. WWF and the Tour Operator(s) accept no responsibility for any damage, loss, accident, injury, delay, or other irregularity which may be caused by the defect of any vehicle or the negligence or default of any company or person engaged in carrying out or performing any of the services involved in this tour. Nor do WWF or the Tour Operator(s) accept responsibility for losses or expenses due to sickness, weather, strikes, political unrest, wars, or other such causes. Any such losses or expenses must be borne by the participant, since tour rates provide for arrangements only for the time stated. WWF and the Tour Operator(s) reserve the right to make changes in the published itinerary whenever, in their judgment, conditions warrant, or if they deem it necessary for the comfort, convenience, or the safety of the tour. They reserve the right to withdraw without penalty any tour announced. WWF and the Tour Operator(s) also reserve the right to decline to accept any person as a member of the tour, or to require any participant to withdraw from the tour, at any time, if such action is determined by the appropriate staff member to be in the best interest of the health, safety, and general welfare of the tour group or the individual participant. Under such circumstances, no refund will be made. Baggage and personal effects are solely the responsibility of the owners at all times. Dates, schedules, program details, and costs, given in good faith, based on information available and in force in August 2009, are subject to change and revision. As a condition to acceptance of enrollment, please read, agree to, and sign, the Waiver of Liability forms that will be sent upon registration.

Photos courtesy Thomson Safaris.